

AUGUST 2009

Good Housekeeping

The Weekend Diet

- Delicious spa recipes
- Guilt-free desserts
- Best eat-out picks

Keep More of
YOUR CASH
4 money-savvy tips

Skin Docs'
**ANTI-AGING
SECRETS**

Fix age spots, redness,
enlarged pores

**INSTANT
BRAIN BOOSTERS**

TAKE OUR MEMORY QUIZ, p. 63



YOU CAN WIN \$100,000!
ENTER OUR GREAT GIVEAWAY, p. 116

Our easiest
fruit tart ever—
for fewer calories,
p. 174

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\$2.50

Back-to-School Savings

WE TEST Sneakers • Jeans • (Free!) Homework Help

Good Deals Beauty

Whether you're off to a far-flung locale or your local pool, take these **miracle minis** along for the ride



1 SWEEP AWAY

The ion-laced bristles of Goody Frizz Defy Purse Brush (\$4.27, Walmart) help fend off frizz and maximize shine

2 COMPACT DISCS

Leakproof E.L.F. Nail Polish Remover Pads (\$1 for 18, eyeslipsface.com) smell like oranges, not acetone

3 MILD THING

So adept at gentle multitasking, even faces can benefit. Dr. Bronner's Citrus Liquid Soap (\$2.49, Target)

4 TAKE A SHINE

Really cheap and chic: Sally Girl Mini Lip Gloss in (from top) Splurge, His Loss, and Sassy (\$1 each, sallybeauty.com)

5 TRAVEL BUDDIES

Quick fixes for beauty emergencies. La Fresh One Day Stay Travel Packets for Her (\$5 for six, lafreshgroup.com)

6 PASS THE BAR

Jasmine-scented Lush Godiva Solid Shampoo (\$9.45 plus \$3 for tin, lush.com) cleanses as much as three full-size bottles

7 FRESHEN UP

Tiny toothbrushes with built-in breath fresheners. Colgate Wisp in Peppermint (\$2.39 for four, drugstores)

8 SMALL SCREEN

Neutrogena Pure & Free Baby Sunblock Stick SPF 60+ (\$9, drugstores) protects grown-up skin, too

9 FAB FOUR

A quartet of shadows, plus brushes! N.Y.C. New York Color Metro Quartet in Chelsea Chic (\$4, drugstores)

